

Make a Difference

You can make a real difference in the life of someone with a learning disability by becoming a volunteer befriender with Newton Dee Village.

You can help fill the gap just by doing what friends do, such as meeting up regularly for a chat and a cup of coffee, spending some time together with a shared hobby or interest or providing company on a trip to the countryside, a visit to the cinema or an afternoon of shopping. For the person you befriend, just sharing some regular time with someone with understanding and experience outside their daily life can bring enormous benefits through increased confidence and self-esteem and building a trusting friendship.



What We Offer

By becoming a volunteer befriender, you'll gain a lot too. There will be fresh and different experiences, and you'll make new friends as well.



Through involvement with us at Newton Dee, you'll see a different way of life and meet people from widely varying backgrounds and many different places around the world. We hope that you'll gain just as much from being a volunteer befriender as the person you befriend and we'll welcome your involvement with our community.

Naturally, we provide the support that our volunteer befrienders need by offering:

- An induction
- Regular contact, support and supervision
- Out of pocket expenses
- The opportunity to be involved in an active community
- And lots of fun

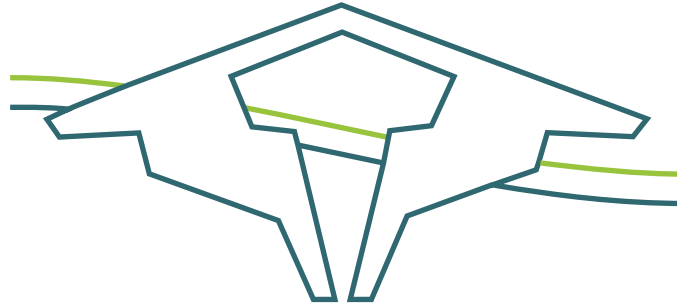
So we hope you will consider becoming one of our volunteer befrienders. We'll be happy to answer any questions either over the phone or we can arrange for you to come and meet us at Newton Dee. All our contact details are on the back of this leaflet.



Be Yourself

Befrienders are men and women of all ages and from all walks of life. We ask that you give a little of your time on a regular basis and have an open mind. You don't need previous experience or special qualifications – just be yourself.

Because volunteers will be befriending vulnerable people, we are required to make a police check with Disclosure Scotland. Other appropriate checks, such as driving licence and insurance, may be needed.



To find out more about becoming a volunteer befriender to someone at Newton Dee, or to come and meet us to see Newton Dee for yourself, please contact:

The Befriending Co-ordinators
Newton Dee Community
Bielside
Aberdeen
AB15 9DX

Tel: 01224 868701

Fax: 01224 869398

Email: info@newtondee.org.uk

Visit our website at: www.newtondee.org.uk

Newton Dee is 6 miles from Aberdeen city centre on the North Deeside Road. We are on bus route 19 and on the Stagecoach route 201.

Newton Dee is one of 11 centres of the Camphill Village Trust, a national charity working in Scotland and England to create opportunities for adults with special needs.

Registered charity no. 232402 /SCO38286

the
Camphill
Village
Trust

NEWTON DEE
COMMUNITY

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a volunteer befriender
with Newton Dee Village



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